



**Dear Fellow Citizens**

**Today is Global Handwashing Day.**

**Hand washing keeps you healthy every time you do it. When people wash their hands with soap, especially after using the restroom and before touching food (before eating, cooking, or feeding someone), they ensure health for themselves and keep diseases miles away from them. This simple habit can save lives of lakhs of under 5 children dying due to diarrhoea.**

**Good hygienic practice must become a habit. We should start hand washing practice today and forever.**

**Guide your children to make hand washing a habit for a healthy and disease free life.**

**Let's pledge to convert this into a powerful social movement for health.**

**Dr Harsh Vardhan  
Union Minister  
Health & Family Welfare**



**एक कदम स्वच्छता की ओर**

**भारत सरकार**

विद्युत् चालित स्वच्छता मंत्रालय