

## World Vasectomy Day

### Information for General Public : NSV Services

Men who do not want to father anymore children can opt for this method of Family Planning.

The No-scalpel vasectomy (NSV) is a simple, stitch less, short & safe procedure for permanent contraception.

Originally developed in China in 1974, it is an innovative approach, which, as compared to traditional incision technique has the advantage of relatively less bleeding, hematoma, infection, pain as well as a shorter intra operative time.

#### Eligibility of NSV clients

- Age of the client must not be less than 22 years and not more than 60 years.
- **Client should be ever-married.**
- Couple should have atleast one child, whose age is above one year (unless the sterilization is medically indicated).
- Clients or their spouses must not have undergone sterilization in the past (except in case of failure of pervious sterilization).
- Client must be in sound state of mind (so as to understand the full implication of sterilization).

Although less popular than female sterilization (tubal ligation), the procedure offers the **advantage of**

- Lower expense
- Lower level of invasiveness (no requirement of General anaesthesia or hospitalization) and hence very safe.
- Very short and simple procedure (stitch less unlike Female sterilization) &
- Quicker recovery time.

Also, future checks of fertility are possible at any time with relatively easy & widely available test-the semen testing.

**Mechanism:** (How No Scalpel Vasectomy achieves Family Planning) The NSV procedure acts by creating discontinuity in the vas (tubes carrying sperms from testis to penis). This will prevent impregnating.

Surgical complications, failure rate and post operative effects, though rare, should be discussed with the Doctor. Men & their spouses must understand that NSV is a permanent sterilization procedure.

What/how you (person seeking vasectomy) need to come prepared: No Medicine or any prior preparation is required and one can just walk in for the service.

**Schemes related to procedure:**

- An incentive of Rs.1100/- are made available to clients/acceptors after the procedure.
- In the case of failure, the government gives an amount of Rs.30000/- to the client as compensation.
- 5 day leave for those employed in Govt. Sector.

**Can this surgery be reversed later if needed?** : The procedure is a permanent method of contraception. If at any time due to arising circumstances it is desired by the client to reverse/undo the procedure, it is a relatively lengthier procedure wherein success rate is not 100%.

While opting for sterilization alternate methods of birth control should be known and NSV consciously opted for after knowing all facts.

**Important Advice to remember:** Since the earlier sperms in the person undergoing NSV procedure remains in his system for 3-4 months after procedure (NSV), it is advisable that during this period the couple uses any other modern method of contraception until he has a semen testing done that shows zero sperm count (azoospermia).

**Certificate of sterilization** is issued only after such confirmation after three months.

**Compliance with post operative follow up advice & semen testing after three months is of utmost importance & must be adhered to.**

All those interested in availing NSV services (those already fathered desired number of children) may get it done in accredited public & private hospitals (to view the list click the link [list public/private](#)

[accredited facilities in Delhi](#)). [Click the link empanelled NSV surgeons for list of empanelled NSV surgeons.](#)

Services available round the year would be intensified during **NSV Week starting from 7<sup>th</sup> November to 13<sup>th</sup> November** across the state & during annual **NSV Mega Camp** to be organized during **Indian International Trade Fair (IITF) starting from 14<sup>th</sup> November to 27<sup>th</sup> November, 2014** at Health & Family Welfare, Gol stall at Pragati Maidan.

**For assistance:** Contact RCH Nodal Officers

Sl.No.	Name of District	Name of RCH Nodal Officer	Contact No.
1	South	Dr. Anjala Chaudhary	011-26561371-72
2	West	Dr. A.L.Batra	011-25551344, 25552344
3	North	Dr. Manish Saini	011-23642497, 23642493
4	East	Dr Abha Rani	011-22374791
5	South-West	Dr. Anjum Bhotiya	01125082939, 25089074
6	North-East	Dr. Gaurav	011-22593433
7	North-West	Dr.Kamal Kumar	011-27861464
8	Central	Dr. Puneet Jaitley	011-23511956
9	New Delhi	Dr.Neeta Singla	011-25082969
10	Shahdara	Dr. Pankaj	011-22593424
11	South-East	Dr Lalit Kumar Chauhan	011-26692389

**For further queries please contact:** Dr. Jyoti Sachdeva, State Program Officer (Family Planning), Dte. Of Family Welfare

## World NSV Day: 7<sup>th</sup> Nov.

### An appeal to Doctors (NSV Surgeons)

In India, the NSV technique was brought first time in 1991 by two surgeons, Dr. R.C.M. Kaza and Dr. Alok Banerjee **being the pioneers**. In March 1992, NSV was officially included into National Family Planning Programme of India, as an important tool for male participation in population stabilization. Despite the advantage of being a short procedure with a relatively, lower level of invasiveness (no requirement of General Anaesthesia or hospitalization) & a quick recovery time, NSV is sometimes not getting the attention that tubal ligation and recently. This is despite the fact that there are 101 empanelled NSV surgeons and 25 Public accredited institutions/facilities for conducting NSV, under the Family Planning program of the State.

As a service provider we must promote NSV as being an excellent method & promoting it aggressively (not by coercions but by good counselling), is expected from the doctors and other in the Medical field.

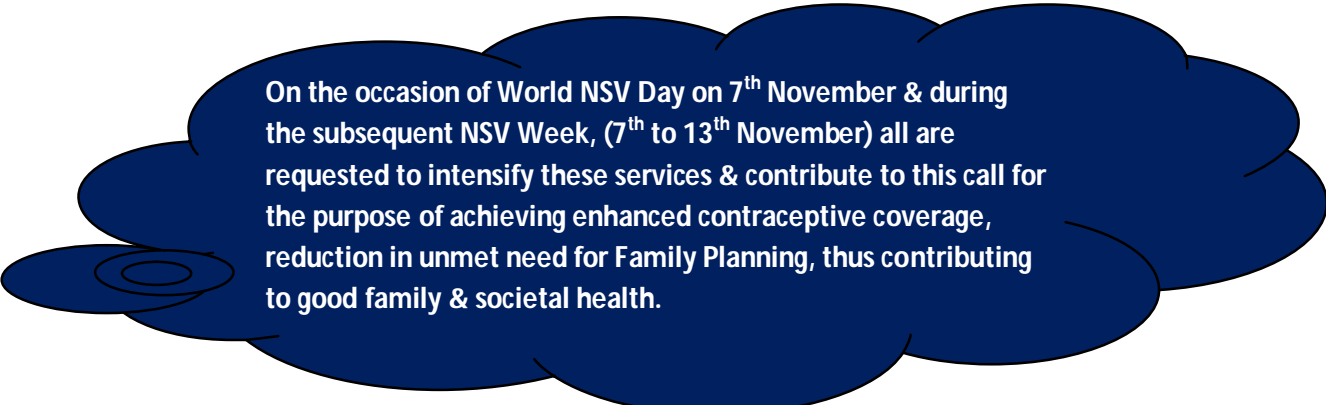
Counseling in Family Planning is the process of facilitating & enabling clients to make well informed, well considered & voluntary decision about their fertility to chose a contraceptive method. It also enables the service provider to understand client's perceptions, attitudes, beliefs, Family Planning needs & preferences & client must be guided accordingly towards decision making.

**On this World NSV Day (7<sup>th</sup> November 2014), let us all pledge to revitalize this procedure by adopting following strategies:**

- **Generating greater demand among potential & eligible clients so that more & more men adopt this very effective method of Family Planning.**
- Requesting to all empanelled NSV surgeons to **provide "on demand service"** to seekers of NSV.
- **Dispelling myths and misconceptions about the procedure** 'Men' are often not adequately counselled information about vasectomy/NSV and its advantages which is further compounded by the misconceptions & concerns which are not true.  
However, the remote possibilities of side effects, surgical complications, failure rate should be discussed with the client.

- **Providing good quality services:** Surgeons must follow the Standards laid down in “Reference Manual for Male Sterilization October 2013” (Available on website [www.mohfw.nic.in](http://www.mohfw.nic.in))
- **Compliance with** post operative follow up & post operative semen testing which is of utmost importance & must also be encouraged to each client.

An informed written consent must be taken. Men (acceptors) must be made to understand that NSV is a permanent sterilization procedure.



**On the occasion of World NSV Day on 7<sup>th</sup> November & during the subsequent NSV Week, (7<sup>th</sup> to 13<sup>th</sup> November) all are requested to intensify these services & contribute to this call for the purpose of achieving enhanced contraceptive coverage, reduction in unmet need for Family Planning, thus contributing to good family & societal health.**

